

The Joylessness of Cooking

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Main Ideas

- Why she loves cooking
- What it means to be a home cook
- Covid
- Boredom of cooking
- Similar experiences
- Too repetitive
- Wisdom of past cooks
- Growth as a cook
- Thanksgiving

The article begins by explaining to us how much the author loves cooking for her family at home. Home cooking is more than just the cooking aspect. There are many other factors to take into consideration. It's about planning and execution. You need to plan and prepare everything. Cooking comes after you've decided all the ingredients and have gotten them. That's what brings the author joy in cooking that plan and execution.

All was well but everything changed when the pandemic started in march. At first the huge changes thrilled the author and made her excited about cooking. Getting obligated to eat at home everyday is something she found fun. Some benefits did come out of the pandemic. Previously rare and expensive items like steaks became super cheap and accessible due to the lack of restaurants. This made her cooking experience far better.

By the time april got there cooking wasn't the same. She couldn't afford any ingredients anymore and eventually simple got bored of cooking. There was now a void in cooking. it simply isn't the same for her. it got to the point that she didn't even know what she likes to cook or what she knew how to cook. Cooking was just too repetitive for her. Other cooks around the world felt the same way.

Cooking for her is now a necessity. There's no passion to it anymore. This situation has drained it out of her. By the time of the articles writing thanksgiving was just about done. The pandemic ruined any plans of meeting up with family and having a good dinner. There would be no joy to it. Everyone would eat in their own homes and that's that.

This situation is just terrible losing passion over something that isn't in your control is unimaginable to me. Like any other job or hobby repetition can often ruin our views on the things we love. Never being able to take a break from something will lead to its destruction. Hopefully i won't have to go through what the author of this article went through i love cooking and i want to keep it that way.

Questions

- What are the basics of home cooking?
- How did covid affect homecooks at the beginning?
- How does repetition ruin things?
- How did the author view cooking by the end?
- How were holidays affected by covid?

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